

Unit 7

Fast Food

I. Pre-Reading

1. What is fast food? Is it healthy food?
 2. Are there fast-food restaurants in your native country? If so, what kinds of food do they serve?
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In countries throughout the world, and especially in the United States, hamburgers are a very popular food. It seems impossible, but people have bought more than 99, 000,000,000 (99 billion) hamburgers from just one fast-food company. This is enough to make a circle around the earth 12 items!

Most Americans' favorite place to buy a hamburger is at a fast- food restaurant. In these restaurants, people order their food, wait just a few minutes, and then carry it to their tables themselves. They can eat it in the restaurant or take the food out and eat it at home, at work, in a park, or even in their cars. At many fast-food restaurants people can drive up beside a window. They order their food, and a worker hands it to them through the window.

Hamburgers are not the only kind of food that fast-food restaurants serve. They also serve French fries, milk shakes, soft drinks, and coffee. Some serve fish and chicken. Others serve hot dogs, tacos, pizza, or submarine sandwiches. In the morning, some fast-food restaurants have a complete breakfast menu, with egg sandwiches, pancakes, and juice.

Fast-food restaurants are very popular because the service is fast and the food is inexpensive. For many people, low price are more important than the quality of the food.

These restaurants are also popular because the food is always the same. People know that if they eat at a company's restaurant in the north of the city or in the south of the city, the food will be the same. If they eat in New York or in San Francisco, it will still be the same.

Are hamburgers, French fries, tacos, and other kinds of fast food good for you? In general, fast food has a lot of fat and salt. Today, people know that fatty and salty food is not healthy. Because more people want more food that is good for them, fast-food restaurants are serving salads and other healthy foods.

Restaurants are also cooking with less salt and fat. For example, some restaurants are now using healthier oil for their French fries.

One thing is sure. People will continue to eat fast food. In fact, now there are fast-food restaurants in countries all over the world.

II. Working with Vocabulary

A. Focus on the Reading

Choose the best word or phrase for each sentence. If you need help, look at the reading again. (Use each word or phrase only once.)

all over	healthy	order	serve
billion	inexpensive	<u>popular</u>	service
favorite	in general	quality	still

1. Many people like hamburgers. In the United States, hamburgers are a very popular food.
2. At fast-food restaurants, the _____ is very fast.
3. After people _____ their food, they wait just a few minutes for it.
4. Hamburgers are not the only kind of food that fast-food restaurants _____.
5. Fast-food restaurants are now serving salads and other _____ foods.

6. _____, french fries, tacos, and other kinds of fast food have a lot of fat and salt. People today know that fatty and salty food is not good for them.
7. Hamburgers, hot dogs, and other kinds of fast food are _____. They do not cost a lot of money.
8. For many people, low prices are more important than the _____ of the food.
9. If you eat at a company's restaurant in the north of the city or in the south of the city, the food will be the same. In fact, if you eat it in Chicago or in Los Angeles, the food will _____ be the same.
10. Fast-food restaurants are popular because the service is fast and the food is not expensive. You can find these inexpensive restaurants in countries _____ the world.

B. Focus on New Contexts

Here is more practice with the new words from the reading. Choose the best word or phrase for each sentence. (Use the word or phrase only once.)

all over	healthy	order	serve
billion	inexpensive	popular	service
<u>favorite</u>	in general	quality	still

1. I like the color blue best. What is your favorite color?
2. English is an international language. You can find people who speak English _____ the world.
3. Maniya's new coat is very warm. She can wear it in the rain and snow, too. It was expensive, but its _____ is very good.
4. This is our favorite store. The workers are very friendly, and the _____ is fast.
5. Porntip takes a long walk every morning. She eats a lot of fruits and vegetables, and she sleeps eight hours a night. She has a very _____ lifestyle!

6. Many people around the world play soccer. It is a very _____ sport.
7. Bring a lot warm clothes. _____, the winters are very cold in this part of the country.
8. More than one _____ people live in China.

III. Understanding the Reading

A. Main Idea

Check (✓) the main idea of the reading. This is the most important idea of the reading.

- _____ 1. People eat hamburgers in fast-food restaurants.
- _____ 2. Fast-food restaurants are very popular.
- _____ 3. Some people eat fast food in parks.
- _____ 4. Too much fat and salt is not good for people.
- _____ 5. The food in fast-food restaurants is inexpensive, and the service is fast.

B. Comprehension Questions

Answer the questions about the reading. If you need to, look at the article again.

1. What is the popular food in the United States?

2. After they order at a fast-food restaurant, how long do people wait for their food?

3. Where do people eat fast food?

4. What kinds of food do fast-food restaurants serve?

5. What are three reasons why fast-food restaurants are popular?

6. In general, is fast food good for you?

7. Why are fast-food restaurants in countries around the world?

8. Are there fast-food restaurants in countries around the world?

C. Details

Circle of the best answer. Some items you cannot find the exact answer in the reading. You have to find your own conclusion.

1. In the United States, hamburgers are _____.

- | | |
|------------------------|--------------------------|
| 1. a healthy food | 2. a favorite restaurant |
| 3. a very popular food | 4. an impossible food |

2. In a fast-food restaurant, people _____.

- | | |
|--------------------------------|---------------------------------|
| 1. always stand up to eat | 2. get their food from a waiter |
| 3. carry their food themselves | 4. always eat quickly |

3. Fast food is _____.

- | | |
|---------------|----------------|
| 1. expensive | 2. unpopular |
| 3. impossible | 4. inexpensive |

4. In general fast food has too much _____.

- | | |
|--------------------|--------------------|
| 1. salt and pepper | 2. salt and fat |
| 3. fat and eggs | 4. milk and coffee |

5. There are many reasons why fast-food restaurants are inexpensive. One reason is that _____.

- | | |
|--------------------------------------|--|
| 1. the food is easy to cook | 2. the menu changes every week |
| 3. people cook their food themselves | 4. each restaurant serves only one thing |

IV. Word Study

A. Prefixes

The prefixes **un-**, **im-**, **in-**, **dis-**, and **non-**, can be added to the beginning of some words. These prefixes means “not”.

Here are some words with these negative prefixes.

- un-** unimportant, unpopular
- im-** impossible, impolite
- in-** incomplete, inexpensive, inactive
- dis-** discontinue, discomfort (n)
- non-** nonfat, non - degree

Circle the letter of the best word to complete each sentence.

1. A person who is unfriendly is probably _____, too.
a. unpopular b. unusual
2. The service at this restaurant is very slow. It's _____ to have a quick lunch here!
a. impossible b. important
3. The airline will _____ service to that city. It is not a popular place to go.
a. discontinue b. disagree
4. _____ yogurt is better for you than ice cream.
a. Nonstop b. Nonfat
5. Suchart's homework is _____ because he felt sick last night.
a. inexpensive b. incomplete

B. Word Forms: Nouns

In English every sentence must have a subject and a verb. The subject of a sentence is usually a noun or a pronoun.

Some nouns and verbs have the same form. We can add a special ending, or **suffix**, to other verbs to make noun forms.

Here are some examples.

Same Form		-ment		-er	
Verb	Noun	Verb	Noun	Verb	Noun
order	order	govern	government	drive	driver
drink	drink	agree	agreement	own	owner
cost	cost			work	worker
				run	runner

Complete the sentences with the correct form of words.

- Sara is the fastest _____. She can _____ the race in less than three minutes.
- The bus _____ will not _____ an unsafe bus.
- I think the two companies will _____ to work together.
- A: "Did Mana _____ a salad and some tea?"
B: " Yes. Now he's waiting for his _____ ."
- Joseph bought a lot of food and _____ for the get-together. He hopes that everyone will eat and _____ a lot.
- Even though they _____ hard, most of the _____ at fast-food restaurants do not make a lot of money.
- A: "My aunt is the _____ of that popular take-out restaurant on Main Street."
B: "Does she _____ the restaurant on Green Street, too?"
